

# Insights

## How Employee Benefits Law Impacts Every Workplace with Catherine “Katy” Stowers (Podcast)

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The area of law related to employer-sponsored health and welfare benefit plans impacts all employers in one way or another.

In this episode of the Krieg DeVault Podcast Series, Krieg DeVault attorney George C. Lepeniotis is joined by fellow colleague Catherine “Katy” Stowers, a member of the firm’s Employee Benefits and Executive Compensation Practice. Tune in as George and Katy discuss key legislation such as ERISA, HIPAA, the Consolidated Appropriations Act, the Mental Health Parity and Addictions Equity Act, and recent changes to HIPAA privacy and security regulations concerning reproductive rights. This episode is a must-listen for employers, as it highlights the ever-evolving legal landscape of employee benefits.

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